

## GOLYTELY PREP

Date of procedure: \_\_\_\_\_ Arrival Time: \_\_\_\_\_

Citrus Endoscopy Center: 6412 W Gulf to Lake hwy, Crystal River (352) 563-0223

Suncoast Endoscopy Center: 3621 E Forest Drive, Inverness (352) 637-2787

### Items for Bowel Prep:

- 1) Golytely Prep- TWO WEEKS PRIOR to procedure, please call **SUSIE 352-364-9060**
- 2) 4 DULCOLAX TABLETS OR 3 SCOOPS/PACKETS MIRALAX IN 8 OZ CUP OF WATER

Hold \_\_\_\_\_ Starting on \_\_\_\_\_

### Two nights prior to your procedure:

- **At 8:00pm** take 3 scoops/ packets of MiraLAX and put it in a 8oz cup of water
- **Then start an all clear liquid diet; DO NOT EAT SOLID FOOD**
- It's OK to have juice, broth, tea, coffee, Jell-o, gatorade/powerade, popsicles.
- NO RED OR PURPLE. NO MILK OR DAIRY PRODUCTS. NO ALCOHOL.

### One day prior to your procedure:

**\*\* Continue your clear liquid diet; Mix prep and stick in the fridge.\*\***

- HYDRATION IS PART OF YOUR PREP!! DRINK LOTS OF FLUIDS.
- **At 3:00pm** drink an 8oz cup of Golytely every 15 to 30 minutes until the container is empty - by 9:00pm
- **Do not drink anything after MIDNIGHT!!**

### The day of your procedure:

- Take your heart, blood pressure, seizure medication **ONLY** with a small sip of water.
- **Take half (½) dose of your usual insulin.**
- Bring your I.D. and method of payment.
- Leave all personal items at home. Wear warm socks. We are not responsible for lost items.
- **Arrange for a driver to take you home!!**

\*Anesthesia is billed separately (billed through your insurance first)

\*Pathology charges are generated after procedure (billed through your insurance first)

**IF YOU HAVE QUESTIONS or need to CANCEL/RESCHEDULE (must be >72 hrs prior to procedure), PLEASE CALL ME (Elicia (352)563-2450 EXT:110)**