

Colonoscopy Instructions: CLENPIQ

Day & Date of Procedure: _____ Arrival Time: _____

Citrus Endoscopy Center 6410 W Gulf to Lake Hwy, Crystal River (352) 563-0223

Suncoast Endoscopy 3621 E Forest Dr, Inverness (352) 637-2787

If any questions / need to reschedule. Call 352-563-2450 and ask for Tanya at Extension 104

Items needed for your procedure:

Clenpiq Prep.

To get it please call Susie at 352-364-9060, **two (2) weeks BEFORE** your procedure

Either 1 bottle Magnesium Citrate or 2 Dulcolax tablets

Four (4) Extra Strength Gas-X tablets

One 64 oz. bottle of Gatorade or Powerade. No red or purple colors

If you are on a blood thinner:

Hold _____ starting on _____

Two Days before your procedure:

- No milk or dairy products
- **At 7 PM** drink the bottle of Magnesium Citrate OR take TWO (2) Dulcolax tablets
- **At 8 PM** take TWO (2) Gas-Ex tablets with a glass of water.

One Day prior to your procedure:

- Take half (1/2) dose of your usual insulin.
- **All day clear liquid ONLY.** Water, Gatorade, broth, tea, coffee, jello, juice (not red or purple)
- HYDRATION IS PART OF YOUR PREP!! **Drink lots of fluids.**
- When you wake up, **drink 8 oz of clear liquids every 90 minutes for the rest of the day.**
- No RED or PURPLE juice or drinks. NO milk or dairy products!!
- At **3 PM** - drink the first (1st) dose of Clenpiq. Do not sip it.
- From **4-7 PM** drink FIVE (5) glasses of Gatorade / juice / water
- At **8 PM** - take 2 Gas-X tablets and drink the 2nd dose of Clenpiq. Do not sip it.
- From **8-10 PM** - Drink three (3) glasses of Gatorade / water / juice etc
- **Do not eat or drink anything after Midnight!!.**

On the day of your procedure:

- Take your heart, blood pressure, & seizure medications in the morning with a sip of water.
- **Take half (1/2) dose of your usual insulin.** Unless instructed HOLD all other medications.
- Wear warm socks. We are not responsible for lost items.
- Bring your I.D. and method of payment. Leave all personal items at home.
- Arrange for a driver to take you home. You will be at the Center between 1.5 -2 hours

If you need to cancel or reschedule call 352-563-2450. Ask for Tanya at extension 104