

## GOLYTELY PREP

Date of Procedure: \_\_\_\_\_ Arrival Time: \_\_\_\_\_

Citrus Endoscopy Center: 6412 W Gulf to Lake Hwy, Crystal River (352) 563-0223  
Suncoast Endoscopy Center: 3621 E Forest Dr, Inverness (352) 637-2787

### Items for Prep:

- 1) One Bottle Golytely
- 2) Two Dulcolax Tablets
- 3) 2 Extra Strength Gas-x Tablets

Hold \_\_\_\_\_ starting on \_\_\_\_\_

### Two Days before your procedure:

- **8 pm** Two (2) Dulcolax Tablets
- **9 pm** Drink Two Glasses of water

### One day prior to your procedure:

- Take half (½) dose of our usual insulin
- **CLEAR LIQUIDS DIET ALL DAY! HYDRATION IS PART OF YOUR PREP!! DRINK LOTS OF FLUIDS.**
- When you wake up, drink an 8 oz cup of any clear liquids. Continue to drink 8oz of clear liquids every 90 minutes.
- It's OK to have juice, broth, tea, coffee, Jell-O, Gatorade/Powerade, popsicles
- **NO RED OR PURPLE juice or drinks. NO MILK OR DAIRY, NO ALCOHOL.**
- **3 PM** Start drinking 8 oz Golytely (1 glass) every 30 minutes until you complete it.
- **9 PM** Drink two glasses of Gatorade or two glasses of water/ juice etc.

### The day of you procedure:

- Take your heart, blood pressure, and seizure medication ONLY with a small sip of water.
- Take half (½) dose of your usual insulin.
- Bring your I.D. and method of payment.
- Leave all personal items at home. Wear warm socks. We are not responsible for lost items.
- Must bring your glasses and hearing aids with you.
- **Arrange for a driver to take you home.**

\*Anesthesia is billed separately (billed through your insurance first)

\*Pathology charges generated after procedure (billed through your insurance first)

**IF YOU HAVE QUESTIONS or need to CANCEL/RESCHEDULE (must be >72 hrs prior to procedure), PLEASE CALL ME (Karissa (352) 563-2450 EXT:125)**