

GOLYTELY PREP

Date of procedure: _____ Arrival Time: _____

Citrus Endoscopy Center: 6412 W Gulf to Lake Hwy, Crystal River (352) 563-0223

Suncoast Endoscopy Center: 3621 E Forest Dr, Inverness (352) 637-2787

Items For Bowel Prep:

- 1) GOLYTELY PREP - TWO WEEKS PRIOR to procedure, please call **SUSIE (352) 364-9060**
- 2) 3 DULCOLAX TABLETS
- 3) 4 EXTRA STRENGTH GAS-X TABLETS

Hold _____ starting on _____

Two Nights prior to procedure:

- **At 8:00pm** take 2 Gas-x tablets and 3 Dulcolax Tablets
- Then start an all clear liquid diet; DO NOT EAT SOLID FOOD
- It's OK to have juice, broth, tea, coffee, Jell-o, Gatorade/Powerade, popsicles.
- **NOTHING RED OR PURPLE. NO MILK OR DAIRY PRODUCTS. NO ALCOHOL.**

One day prior to procedure:

**** Continue your clear liquid diet; Mix prep and stick in the fridge.****

- HYDRATION IS PART OF YOUR PREP!! DRINK LOTS OF FLUIDS.
- **At 3:00pm** drink an 8oz cup of Golytely every 15 to 30 minutes until container is empty - by 9:00pm
- **At 8:00pm** take 2 Gas-x Tablets
- **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT!!**

The day of your procedure:

- Take your heart, blood pressure, and seizure medication ONLY with a small sip of water.
- Take half (½) dose of your usual insulin.
- Bring I.D. and method of payment.
- Leave all personal items at home. Wear warm socks. We are not responsible for lost items.
- **Arrange for a driver to take you home!**

*Anesthesia is billed separately (billed through your insurance first)

*Pathology charges generated after procedure (billed through your insurance first)

IF YOU HAVE QUESTIONS or need to CANCEL/RESCHEDULE (must be >72 hrs prior to procedure), PLEASE CALL ME (Brittany (352) 563-2450 EXT:108)