

CLENPIQ Instructions for your Colonoscopy (do not refrigerate)

Date of Procedure: _____ Arrival Time: _____

- Citrus Endoscopy Center: 6412 W Gulf to Lake Hwy, Crystal River (352) 563-0223
- Suncoast Endoscopy Center: 3621 E Forest Dr, Inverness (352) 637-2787

Items for Bowel Prep:

- 1) CLENPIQ PREP - TWO WEEKS PRIOR to procedure, please call **SUSIE 352-364-9060**
- 2) 4 EXTRA STRENGTH GAS-X TABLETS
- 3) 3 DULCOLAX TABLETS

Hold _____ starting on _____

Two Nights prior to procedure:

- For dinner clear liquids only
- **DO NOT EAT SOLID FOOD FOR DINNER**
- It's ok to have juice, broth, tea, coffee, Jell-o, Gatorade/Powerade, popsicles
- **NO RED or PURPLE juice or drinks. NO MILK OR DAIRY PRODUCTS. NO ALCOHOL.**
- **AT 8:00pm** take 2 Gas-x Tablets and 3 Dulcolax Tablets

One day prior to your procedure:

- Take half (½) dose of your usual Insulin.
- HYDRATION IS PART OF YOUR PREP!! DRINK LOTS OF FLUIDS!
- Drink 8oz of clear liquids every 90 minutes.
- **At 5:00pm** Drink your first bottle of your Clenpiq (do not sip, drink it all down).
- Between 4-7pm, drink **FIVE** 8oz of glasses of clear fluids
- **At 5:00am** (the morning of your procedure) drink your second bottle of Clenpiq and take 2 Gas-x tablets.
- **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT**

The day of your procedure:

- Take your heart, blood pressure, and seizure medication ONLY with a small sip of water.
- Take half (½) dose of your usual Insulin.
- Bring your I.D, and method of payment.
- Leave all personal items at home. Wear warm socks. We are not responsible for lost items.
- **Arrange for a driver to take you home!!**

*Anesthesia is billed separately (billed through your insurance first)

*Pathology charges are generated after procedure (billed through your insurance first)

IF YOU HAVE QUESTIONS or need to CANCEL/RESCHEDULE (must be >72 hrs prior to procedure), PLEASE CALL ME (Brittany (352)563-2450 EXT:108)