

Golytely Instructions for your Colonoscopy

Date of Procedure: _____ Arrival Time: _____

- Citrus Endoscopy Center: 6412 W. Gulf to Lake Hwy, Crystal River (352) 563-0223
- Suncoast Endoscopy Center: 3621 E. Forest Drive, Inverness (352) 637-2787

Items For Bowel Prep:

- 1) GOLYTELY- TWO WEEKS PRIOR to procedure, please call SUSIE 352-364-9060 if you have not heard from your pharmacy regarding your prep
- 2) 4 DULCOLAX OR 2 SCOOPS/2 PACKETS OF MIRALAX (*Available over-the-counter*)

Hold _____ starting on _____

TWO NIGHTS BEFORE PROCEDURE:

- **At 8:00pm (or after dinner)** take 4 Dulcolax OR 2 scoops/2 packets of Miralax

ONE DAY PRIOR TO YOUR PROCEDURE:

- DO NOT EAT SOLID FOOD; Clear liquid diet ONLY ALL DAY
- HYDRATION IS PART OF YOUR PREP! DRINK LOTS OF FLUIDS.
- It's OK to have juice, broth, tea, coffee, Jello, Gatorade/Powerade, and popsicles.
 - NOTHING RED OR PURPLE, NO DAIRY PRODUCTS and NO ALCOHOL.
- Drink 8oz of clear liquids every 90 minutes.
- **AT 5:00pm** begin drinking 8oz of the Golytely every 15 to 30 minutes until the container is empty by 9:00pm
- Do not drink anything after MIDNIGHT!

DAY OF YOUR PROCEDURE:

- Take your heart, blood pressure, and seizure medication ONLY with a small sip of water.
- Take half (1/2) dose of your usual insulin
- Bring your I.D. and method of payment.
- Leave all personal items at home. Wear warm socks. We are NOT responsible for lost items.
- Arrange for a driver to take you home!

*Anesthesia is billed separately (billed through your insurance first)

*Pathology charges are generated after procedure (billed through your insurance first)

IF YOU HAVE QUESTIONS or need to CANCEL/RESCHEDULE (must be >72 hrs prior to procedure), PLEASE CALL ME (Tamona 352-563-2450 EXT: 304)