

PM CLENPIQ Instructions for Your Colonoscopy (do not refrigerate)

Date of Procedure _____ ARRIVAL Time _____

_____ Citrus Endoscopy Center: 6412 W Gulf to Lake Hwy, Crystal River (352) 563-0223

_____ Suncoast Endoscopy Center: 3621 E Forest Drive, Inverness (352) 637-2787

Call **SUSIE** (352) 364-9060 **TODAY** to discuss the best way to get the **CLENPIQ**
If you have questions or need to reschedule call **SHANNON** at (352) 563-2450 Ext 106
(please be patient, it can take up to 24 hours for a return phone call)

Hold _____ Starting on _____

Two nights prior to your procedure:

- At 8:00 PM take 2 extra strength **GAS EX** tablets (find in the laxative aisle of your grocery store)

One day prior to your procedure:

- **DO NOT EAT SOLID FOOD; ALL CLEAR LIQUID DIET ONLY** (no alcohol or marijuana)
- It's OK to have apple juice, broth, tea, coffee, jello, soda, Gatorade or Powerade, popsicles
 - We recommend Gatorade, you need your sugars and electrolytes
 - **NOTHING RED OR PURPLE**, other colors are ok, **AND NO DAIRY PRODUCTS**
- HYDRATION IS PART OF YOUR PREP!!! DRINK 8oz OF FLUIDS EVERY 90 MINUTES
- **AT 5:00 PM** drink your first bottle of CLINPIQ (do not sip, drink it all down)
 - Between 5 - 8 PM drink **FIVE** 8oz glasses of clear liquids
- **AT 8:00 PM** take 2 more extra strength **GAS EX** tablets

The day of your procedure:

- **AT 6:00 AM** drink your second bottle of CLINPIQ (do not sip, drink it all down)
 - Between 3 - 8 AM drink **FOUR** 8oz glasses of clear liquids
- **DO NOT DRINK ANYTHING AFTER 8:00 AM, NOT EVEN WATER**
- If you take any heart, blood pressure or seizure medications in the morning, take **ONLY** those medications with just a sip of water
- Take half dose of your usual insulin
- Bring your ID and method of payment
- Leave all personal items at home, We are not responsible for lost items
- Wear warm socks
- **ARRANGE FOR A DRIVE TO TAKE YOU HOME!**

- If you have an out of pocket expense our billing department will call you with that amount two days prior to your procedure
- The company that does our anesthesia bills separately (it still gets ran through your insurance)
- Pathology charges are generated after your procedure