

CLENPIQ Instructions for Colonoscopy (do not refrigerate)

Date of Procedure: _____ Arrival Time: _____

Citrus Endoscopy Center: 6412 W Gulf to Lake Hwy, Crystal River (352) 563-0223

Suncoast Endoscopy Center: 3621 E Forest Dr, Inverness (352) 637-2787

Items for Bowel Prep:

- 1) CLENPIQ PREP - TWO WEEKS PRIOR to procedure, please call **SUSIE 352-364-9060**
- 2) 4 DULCOLAX OR (MIRALAX IN 8 OZ OF CUP OF WATER)

Hold _____ starting on _____

Two Nights prior to procedure:

- **At 8:00 pm** take MiraLAX 2 scoops or 2 packs, or 4 Dulcolax tablets.

One day prior to your procedure:

- **DO NOT EAT SOLID FOOD: All clear liquid diet only**
- It's OK to have juice, broth, tea, coffee, Jell-o, Gatorade/Powerade, popsicles.
- **NO RED OR PURPLE juice or drinks. NO MILK OR DAIRY PRODUCTS. NO ALCOHOL.**
- HYDRATION IS PART OF YOUR PREP!! DRINK LOTS OF FLUIDS.
- **At 5:00 pm** drink your first bottle of Clenpiq (do not sip, drink all the way down)
- Between 5-9pm, drink **FIVE** 8oz glasses of clear fluids.
- **At 10:00pm** drink your second bottle of Clenpiq. (do not sip, drink all the way down)
- Between 9-11pm three 8oz glasses of clear liquids.
- **Do not eat or drink anything after MIDNIGHT!**

The day of your procedure:

- Take your heart, blood pressure, and seizure medication **ONLY** with a sip of water.
- **Take half (½) dose of your usual insulin.**
- Bring your I.D. and method of payment, glasses, and hearing aids.
- Leave all personal items at home. Wear warm socks. We are not responsible for lost items.
- Arrange for a driver to take you home.

*Anesthesia is billed separately (billed through your insurance first)

*Pathology charges are generated after procedure (billed through your insurance first)

IF YOU HAVE QUESTIONS or need to CANCEL/RESCHEDULE (must be >72 hrs prior to procedure), PLEASE CALL ME (Elicia (352)563-2450 EXT:110)