

CLENPIQ Instructions for your Colonoscopy (do not refrigerate)

Date of procedure: _____ Arrival Time: _____

Citrus Endoscopy Center: 6412 W Gulf to Lake Hwy, Crystal River (352) 563-0223

Suncoast Endoscopy Center: 3621 E Forest Dr, Inverness (352) 637-2787

Items for Prep:

CLENPIQ PREP- TWO WEEKS PRIOR TO PROCEDURE, PLEASE CALL **SUSIE (352) 364-9060**

Hold _____ starting on _____

Two Nights prior to your procedure

- **At 8:00pm** 4 Dulcolax Tablets or 2 scoops/ @ packs of MIRALAX

One day prior to your procedure

- **DO NOT EAT SOLID FOOD; All clear liquid diet only**
- It's OK to have juice, broth, tea, coffee, Jell-o, Gatorade/Powerade, and popsicles.
- **NOTHING RED OR PURPLE, NO DAIRY PRODUCTS and NO ALCOHOL.**
- HYDRATION IS PART OF YOUR PREP!! DRINK LOTS OF FLUIDS.
- Drink 8oz of clear liquids every 90 minutes.
- **At 5:00 pm** drink your first bottle of Clenpiq (do not sip, drink it all down)
- Between 5-9pm, drink **FIVE** 8oz glasses of clear liquids
- **At 10:00 pm** drink your second bottle of Clenpiq (do not sip, drink it all down)
- Between 10-12am, drink **THREE** 8oz glasses of clear liquids
- **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT!!**

The day of you procedure:

- Take your heart, blood pressure, and seizure medication ONLY with a small sip of water.
- Take half (½) dose of your usual insulin.
- Bring your I.D. and method of payment.
- Leave all personal items at home. Wear warm socks. We are not responsible for lost items.
- Must bring your glasses and hearing aids with you.
- **Arrange for a driver to take you home.**

*Anesthesia is billed separately (billed through your insurance first)

*Pathology charges generated after procedure (billed through your insurance first)

IF YOU HAVE QUESTIONS or need to CANCEL/RESCHEDULE (must be >72 hrs prior to procedure), PLEASE CALL ME (Karissa (352) 563-2450 EXT:125)